

Gianluca Rosso, MD, PhD

Associate Professor of Psychiatry at Department of Neurosciences 'Rita Levi Montalcini', University of Turin, 10126, Torino, Italy
Psychiatric Unit, San Luigi Gonzaga University Hospital of Orbassano, 10043, Torino, Italy

Personal data Birth place and date: Torino (Italy), 28/08/1978.

Foreign languages English

Degree He got a first degree in Medicine on 12/7/2002, at the University of Turin,

achieving the M.D. professional abilitation on june 2003.

He specialized in Psychiatry at the University of Turin on December 2006.

Ph.D at the University of Turin (Doctoral School in Life and Health Science): march 2013

Forensic psychiatry specialization (Dept. of Neurosciences, University of Turin): 2015.

National Academic Qualification as Associate Professor of Psychiatry (march 2017)

Previous work experiences He has attended the Psychiatric Clinic of the University of Turin (Prof. Bogetto, Prof. Maina), focusing his clinical and research activity on bipolar disorder (2000-2002).

Resident in psychiatry: Jan 2003 – Dec 2006.

Temporary Research fellow at Dept. of Neurosciences, University of Turin (S Giovanni Battista Hospital, Torino, Italy), attending the Mood and Anxiety Disorders Unit (Prof. Maina), the psychiatric ward and the emergency dept. from Jan 2003 to Nov 2013.

Ph.D candidate: 2009-2013.

Temporary research fellow at the Psychiatric Unit of the S Luigi Gonzaga Hospital of Orbassano (Dept. of Neurosciences, University of Turin): from Nov 2013 to Aug 2017.

Psychiatrist (permanent staff) at S Luigi Gonzaga University Hospital (Orbassano, Turin), Psychiatric Unit: from Sep 2017 to Nov 2019

Current position Associate Professor of Psychiatry (Dept. of Neurosciences, University of Turin) at Psychiatric Unit of S Luigi Gonzaga University Hospital: from 1 Dec 2019

Clinical activity Psychiatric Ward, Emergency Dept and Outpatient facilities, S Luigi Gonzaga University Hospital (Orbassano, Turin).

Private practice, Torino (Italy).

Teaching activity

University Courses:

- 'Psychiatry' at School of Medicine and Surgery (taught in English), University of Torino, San Luigi Gonzaga Educational Pole;
- 'Clinical nursing of psychic distress' at Nursing Degree Course, School of Medicine, Orbassano and Candiolo Educational Pole, University of Torino;
- 'Mood disorders' at Psychiatric Rehabilitation Technique, Rehabilitation Sciences of the Health Professions Degree Course, Orbassano and Candiolo Educational Pole, University of Torino;
- 'Psychiatry' at Professional Education Degree Course, University of Torino, Savigliano (CN) Pole.

Post-graduate Specialization Courses:

- 'Obsessive-compulsive Disorders' at Post-graduate Residency Program in Psychiatry, Dept. of Neurosciences, University of Turin;
- 'Psychiatry and Ethics' at Post-graduate Residency Program in Psychiatry, Dept. of Neurosciences, University of Turin;
- 'Psychiatry (psychotherapy)' at Post-graduate Residency Program in Psychiatry, Dept. of Neurosciences, University of Turin;

Ph.D Advanced Courses:

- Glycogen synthase kinase-3 (GSK-3): a potential biomarker in mood disorders. May 20th, 2021

Master's Courses:

- Psychology, Psychopathology and Perinatal Psychiatry Master. Milan, Feb 16th, 2020. Italian Society for Perinatal Mental Health - Marcè Society. Presentation: Peripartum Bipolar Disorder
- Psychopathology and Perinatal Psychiatry Master. May 23rd, 2021. Italian Society for Perinatal Mental Health - Marcè Society. Presentation: Peripartum obsessive-compulsive disorder.

Research activity

Main interests:

- bipolar disorder: efficacy and tolerability of mood stabilizers, bipolar spectrum, bipolar mixed states, impact of comorbid psychiatric disorders and metabolic syndrome;
- brief dynamic psychotherapy in the treatment of depressive and anxiety disorders;
- resistant major depressive disorder;
- obsessive-compulsive disorder;
- perinatal psychiatry;
- translational studies on neuronal growing factors and other peripheral biomarkers in mood and anxiety disorders (collaboration with Neuropsychopharmacology Unit of IRCCS San Giovanni di Dio, Brescia, Italy and NICO – Neuroscience Institute Cavalieri Ottolenghi, Torino, Italy);

Peer Review (International Scientific Journals with I.F.):

Journal of Affective Disorders
BMC Psychiatry
Frontiers in Psychiatry
Clinical Drug Investigation
International Journal of Psychiatry in Clinical Practice
Annals of General Psychiatry
Bipolar disorders
Journal of Clinical Psychopharmacology

Editorial board (International Scientific Journals with I.F.):

Frontiers in Psychiatry (Research Topic Editor, Review Editor)

Sub-investigator in the following clinical trials:

- "Duloxetine versus Placebo in the prevention of recurrence of Major Depressive Disorder", 2005-2007;
- "Comparison of Two Different Treatment Strategies in Patients with Major Depressive Disorder Not Exhibiting Improvement on Escitalopram Treatment: Early vs. Delayed Intervention Strategy", 2008;
- "A Phase 4, 8-week, double-blind, randomized study comparing switching to duloxetine or escitalopram in patients with major depressive disorder and residual apathy in the absence of depressed mood", svolto nel 2010;
- "A Randomized, Double-blind, Multicenter, Active-Controlled Study of Intranasal Esketamine Plus an Oral Antidepressant for Relapse Prevention in Treatment-resistant Depression (SUSTAIN-1) ESKETINTRD3003 (Codice EudraCT 2014-004586-24)

Principal investigator in the following clinical trials:

- "Efficacy in real life of vortioxetine in patients with major depressive disorder and cognitive symptoms".
- "Treatment resistant depression cohort in Europe".
- "Description of routine treatment pathways in a cohort of patients with major depression and 'active suicidal ideation with intent' in Italy: the ARIANNA observational study.", ongoing.

'Good Clinical Practice' certificate. NIDA Clinical Coordinating Center – March 20, 2018.

Awards:

- Sexual and religious obsession and socio-demographic characteristics: analysis of 169 OCD patients. Poster award at 8th National Congress of Italian Society of Psychopathology, 2003;
- Pharmaco-induced hypomania in anxiety disorders. Poster award at 9th National Congress of Italian Society of Psychopathology, 2004;
- Comparison of serum levels of BDNF between patient with OCD and Major Depressive Disorder. Poster award at 14th National Congress of Italian Society of Psychopathology, 2010;
- Mixed states: diagnostic revaluation and role of antidepressants. Poster award at 17th National Congress of Italian Society of Psychopathology, 2013;
- Glucose metabolism alterations in patients with bipolar disorder. Young psychiatrists award 2015, Italian Society of Psychiatry.

Author of more than 80 scientific publications, of which more than 40 on journals with IF (h-index by SCOPUS: 16) – ORCID: 0000-0002-2308-9146.

International Publications

1. Maina G, **Rosso G**, Crespi C, Bogetto F. Combined brief dynamic therapy and pharmacotherapy in the treatment of major depressive disorder: a pilot study. Psychotherapy and Psychosomatics 2007;6(5):298–305. [I.F.: 5.022]
2. Albert U, **Rosso G**, Maina G, Bogetto F. Impact of anxiety disorder comorbidity on

- quality of life in euthymic bipolar disorder patients: differences between bipolar I and II subtypes. *Journal of Affective Disorders*, 2008;105(1-3): 297-303. [I.F.: 3.271]
3. Maina G, Albert U, **Rosso G**, Bogetto F. Olanzapine or Lamotrigine Addition to Lithium in Remitted Bipolar Disorder Patients With Anxiety Disorder Comorbidity: A Randomized, Single-Blind, Pilot Study. *Journal of Clinical Psychiatry*, 2008;69(4):609-616. [I.F.: 5.053]
 4. Maina G, **Rosso G**, Bogetto F. Brief dynamic therapy combined with pharmacotherapy in the treatment of major depressive disorder: long-term results. *Journal of Affective Disorders*, 2009; 114(1-3): 200-7. [I.F.: 3.763] doi: [10.1016/j.jad.2008.07.010](https://doi.org/10.1016/j.jad.2008.07.010).
 5. **Rosso G**, Albert U, Bogetto F, Maina G. Axis II comorbidity in euthymic bipolar disorder patients: no differences between bipolar I and II subtypes. *Journal of Affective Disorders*, 2009; 115(1-2): 257-61. [I.F.: 3.763] doi: [10.1016/j.jad.2008.08.009](https://doi.org/10.1016/j.jad.2008.08.009).
 6. Maina G, Salvi V, **Rosso G**, Bogetto F. Cyclothymic temperament and major depressive disorder: a study on Italian patients. *Journal of Affective Disorders*, 2010; 121: 199-203. [I.F.: 3.740] doi: [10.1016/j.jad.2009.05.031](https://doi.org/10.1016/j.jad.2009.05.031).
 7. Maina G, **Rosso G**, Zanardini R, Bogetto F, Gennarelli M, Bocchio-Chiavetto L. Serum levels of brain-derived neurotrophic factor in drug-naïve obsessive-compulsive patients: a case-control study. *Journal of Affective Disorders* 2010;122(1-2):174-178. [I.F.: 3.740] doi: [10.1016/j.jad.2009.07.009](https://doi.org/10.1016/j.jad.2009.07.009).
 8. Maina G, **Rosso G**, Rigardetto S, Chiadò Piat S, Bogetto F. No effect of adding brief dynamic therapy to pharmacotherapy in the treatment of obsessive-compulsive disorder with concurrent major depression. *Psychother Psychosom* 2010;79: 295-302. [I.F.: 6.000] doi: [10.1159/000318296](https://doi.org/10.1159/000318296).
 9. Salvi V, D'Ambrosio V, **Rosso G**, Bogetto F, Maina G. Age-specific prevalence of metabolic syndrome in Italian patients with bipolar disorder. *Psychiatr Clin Neuros* 2011;65(1):47-54. [I.F.: 2.133] doi: [10.1111/j.1440-1819.2010.02160.x](https://doi.org/10.1111/j.1440-1819.2010.02160.x).
 10. **Rosso G**, Rigardetto S, Bogetto F, Maina G. A randomized, single-blind, comparison of duloxetine with bupropion in the treatment of SSRI-resistant major depression. *J Affect Disord* 2012 Jan;136(1-2):172-6. [I.F.: 3.295] doi: [10.1016/j.jad.2011.07.026](https://doi.org/10.1016/j.jad.2011.07.026).
 11. **Rosso G**, Albert U, Asinari GF, Bogetto F, Maina G. Stressful life events and obsessive-compulsive disorder: clinical features and symptom dimension. *Psychiatry Research* 2012; 197(30):259-264. [I.F.: 2.456] doi: [10.1016/j.psychres.2011.10.005](https://doi.org/10.1016/j.psychres.2011.10.005).
 12. **Rosso G**, Bechon E, Maina G. OCD during pregnancy and post-partum. *Rivista di Psichiatria*, 2012;47(3):200-204. [I.F.: 0.198] doi: [10.1708/1128.12441](https://doi.org/10.1708/1128.12441).
 13. **Rosso G**, Bertetto N, Coppola S, Maina G. Mood stabilizers in the treatment of bipolar disorder mixed states. *Rivista di Psichiatria*, 2012; 47(4): 281-293. [I.F.: 0.198] doi: [10.1708/1139.12555](https://doi.org/10.1708/1139.12555).
 14. **Rosso G**, Martini B, Maina G. Brief Dynamic Therapy and depression severity: a single blind, randomized, study. *J Affect Disord*. 2013;147(1-3):101-106 [I.F.: 3.705] doi: [10.1016/j.jad.2012.10.017](https://doi.org/10.1016/j.jad.2012.10.017).
 15. Maina G, **Rosso G**, Aguglia A, Bogetto F. Recurrence rates of bipolar disorder

- during the postpartum period: a study on 276 medication-free Italian women. *Arch Womens Ment Health.* 2014 Oct;17(5):367-72. [I.F.: 2.164] doi: 10.1007/s00737-013-0405-4.
16. **Rosso G**, Cattaneo A, Zanardini R, Gennarelli M, Maina G, Bocchio-Chiavetto L. Glucose metabolism alterations in patients with bipolar disorder. *J Affect Disord.* 2015; 184: 293–298. [I.F.: 3.570] doi: 10.1016/j.jad.2015.06.006.
17. Albert U, Manchia M, Tortorella F, Volpe U, Carpinello B, **Rosso G**, Maina G. Admixture analysis of age at symptom onset and age at disorder onset in a large sample of patients with obsessive-compulsive disorder. *J Affect Disord.* 2015;187:188-96. [I.F.: 3.570] doi: 10.1016/j.jad.2015.07.045.
18. **Rosso G**, Albert U, Di Salvo G, Scatà M, Todros T, Maina G. Lithium Prophylaxis During Pregnancy And The Postpartum Period In Women With Lithium-responsive Bipolar I Disorder. *Arch Womens Ment Health* 2016;19(2): 429-32. [I.F.: 3.397] doi: 10.1007/s00737-016-0601-0.
19. **Rosso G**, Pessina E, Martini A, Di Salvo G, Maina G. Paliperidone Palmitate and metabolic syndrome in patients with schizophrenia: a 12-month observational prospective cohort study. *J Clin Psychopharmacol.* 2016;36(3):206-12. [I.F.: 2.891] doi: 10.1097/JCP.0000000000000494.
20. Maffioletti E, Cattaneo A, **Rosso G**, Maina G, Maj C, Gennarelli M, Tardito D, Bocchio-Chiavetto L. Peripheral whole blood microRNA alterations in major depression and bipolar disorder. *J Affect Disord.* 2016; 200: 250–258. [I.F.: 3.432] doi: 10.1016/j.jad.2016.04.021.
21. **Rosso G**, Zanardini R, Chiodelli DF, Ferrari C, Gennarelli M, Bocchio-Chiavetto L. Serum levels of insulin-like growth factor-1 (igf-1) and obsessive-compulsive disorder: a case-control study. *Neuropsychobiology.* 2016;74(1):15-21. [I.F.: 1.491] doi: 10.1159/000446918.
22. Milanesi E, Zanardini R, **Rosso G**, Maina G, Barbon A, Mora C, Minelli A, Gennarelli M, Bocchio -Chiavetto L. Insulin-like Growth Factor Binding protein 2 in bipolar disorder: an expression study in peripheral tissue. *World J Biol Psychiatry.* 2018 Dec;19(8):610-618. [I.F.:3.658] doi: 10.1080/15622975.2017.1282172.
23. **Rosso G**, Solia F, Albert U, Maina G. Affective recurrences in bipolar disorder after switching from lithium to valproate or vice versa: a series of 57 cases. *J Clin Psychopharmacol.* 2017 Apr 37(2):278-281. [I.F.: 3.134] doi: 10.1097/JCP.0000000000000660.
24. Albert U, Di Salvo G, Solia F, **Rosso G**, Maina G. Combining drug and psychological treatments for obsessive-compulsive disorder: what is the evidence, when and from whom. *Current Medical Chemistry.* 2018;25(41):5632-5646. [I.F.: 3.508] doi: 10.2174/0929867324666170712114445.
25. Albert U, Marazziti D, Di Salvo G, Solia F, **Rosso G**, Maina G. A systematic review of evidence-based treatment strategies for obsessive-compulsive disorder resistant to first-line treatment strategies for obsessive-compulsive disorder resistant to first-line pharmacotherapy. *Current Medical Chemistry.* 2018;25(41):5647-5661. [I.F.: 3.508] doi: 10.2174/0929867325666171222163645.
26. Cuomo A, Maina G, Neal SM, De Montis G, **Rosso G**, Scheggi S, Beccarini Crescenzi B, Bolognesi S, Goracci A, Coluccia A, Fagiolini A. Using sertraline in postpartum and breastfeeding: balancing risks and benefits. *Expert Opinion On Drug Safety.* 2018; 17(7):719-725. [I.F.: 3.439] doi: 10.1080/14740338.2018.

27. Cuomo A, Maina G, Giordano NG, **Rosso G**, Neal SM, Bolognesi S, Goracci A, Fagiolini A. The microbiome: a new target for research and treatment of schizophrenia and its resistant presentations? *Frontiers in Pharmacology*, 2018; 9:1-8. [I.F.: 4.400] doi: 10.3389/fphar.2018.01040.
28. Cuomo A, Bolognesi S, Goracci A, Ciuli C, Beccarini B, Maina G, **Rosso G**, Facchi E, Maccora C, Giordano N, Verdino V, Fagiolini A. Feasibility, Adherence and Efficacy of Liraglutide Treatment in a Sample of Individuals With Mood Disorders and Obesity. *Frontiers in Psychiatry*; 2019, 9: 1-8. [I.F.: 2.857] doi: 10.3389/fpsyg.2019.00784.
29. Albert U, Barbaro F, Bramante S, **Rosso G**, De Ronchi D, Maina G. Duration of untreated illness and response to SRI treatment in Obsessive-Compulsive Disorder. *European Psychiatry*, 2019, 58: 19-26. [I.F.: 4.129] doi: 10.1016/j.eurpsy.2019.01.017.
30. **Rosso G**, Aragno E, Cuomo A, Fagiolini A, Di Salvo G, Maina G. Five-year follow-up of first-episode depression treated with psychodynamic psychotherapy or antidepressants. *Psychiatry Research*, 2019, 275: 27-30. [I.F.: 2.223] doi: 10.1016/j.psychres.2019.02.073.
31. Cuomo A, Maina G, Bolognesi S, **Rosso G**, Beccarini Crescenzi B, Zanobini F, Goracci A, Facchi E, Faveretto E, Baldini I, Santucci A, Fagiolini A. Prevalence and Correlates of Vitamin D Deficiency in a Sample of 290 Inpatients with Mental Illness. *Frontiers in Psychiatry*, 2019, 29(10): 167 [I.F.: 2.857] doi: 10.3389/fpsyg.2019.00167.
32. **Rosso G**, Albert U, Bramante S, Aragno E, Quarato F, Di Salvo G, Maina G. Correlates of violent suicide attempts in patients with bipolar disorder. *Compr Psychiatry*. 2019 Oct 10; 96:152136. [I.F.: 2.586] doi: 10.1016/j.comppsych.2019.152136. [Epub ahead of print]
33. Di Salvo G, Pessina E, Aragno E, Martini A, Albert U, Maina G, **Rosso G**. Impact of comorbid Obsessive-Compulsive Disorder on suicidality in patients with Bipolar Disorder. *Psychiatry Research*, 2020; May 21;290:113088. [I.F.: 2.208] doi: 10.1016/j.psychres.2020.113088. [Epub ahead of print]
34. **Rosso G**, Teobaldi E, Maina G. Did COVID-19 early lockdown actually lead to a higher rate of relapses in psychiatric patients? *Psychiatry Research*, Jun 8;291:113204. [I.F.: 2.208] doi: 10.1016/j.psychres.2020.113204. [Epub ahead of print]
35. Driessen E, Dekker JJM, Peen J, Van HL, Maina G, **Rosso G**, Rigardetto S, Cuniberti F, Vitriol VG, Florenzano RU, Andreoli A, Burnand Y, López-Rodríguez J, Villamil-Salcedo V, Twisk JWR, Cuijpers P. The efficacy of adding short-term psychodynamic psychotherapy to antidepressants in the treatment of depression: A systematic review and meta-analysis of individual participant data. *Clin Psychol Rev*. 2020 Aug; 80:101886. doi: 10.1016/j.cpr.2020.101886. [Epub ahead of print]
36. **Rosso G**, Aragno E, Mehanović E, Di Salvo G, Maina G. Age at Menarche in Women With Bipolar Disorder: Correlation With Clinical Features and Peripartum Episodes. *Front Psychiatry*. 2020 Sep 4;11:00851. doi: 10.3389/fpsyg.2020.00851.
37. **Rosso G**, Teobaldi E, Maina G. Inhaled Loxapine as an Option for Psychomotor Agitation in Complex Patients. *J Clin Psychopharmacol*. 2020 Oct 14. doi: 10.1097/JCP.0000000000001290. Online ahead of print.
38. Di Salvo G, Maina G, Pessina E, Teobaldi E, Barbaro F, Martini A, Albert U, **Rosso**

- G.** Aripiprazole Augmentation to Mood Stabilizers for Obsessive-Compulsive Symptoms in Bipolar Disorder. *Medicina (Kaunas)*, 2020 Dec 24;57 (1):9. doi: 10.3390/medicina57010009
39. Maina G, **Rosso G**, Carezana C, Mehanović E, Risso F, Villari V, Gariglio L, Cardano M. Factors Associated with Involuntary Admissions: a Register-Based Cross-Sectional Multicenter Study. *Annals of General Psychiatry*, 2021 Jan 7;20(1):3. doi: 10.1186/s12991-020-00323-1
 40. Teobaldi E, Albert U, Di Salvo G, Mencacci C, **Rosso G**, Salvi V, Maina G. Manic-depressive cycles in bipolar disorder: clinical and treatment implications. *Psychopathology*. 2021;54(2):98-105. doi: 10.1159/000513314.
 41. Heerlein K, Young AH, Otte C, Frodl T, Degraeve G, Hagedoorn W, Oliveira-Maia AJ, Sola VP, Rathod S, **Rosso G**, Sierra P, Morrens J, Van Dooren G, Gali Y, Perugi G. Real-world evidence from a European cohort study of patients with treatment resistant depression: Baseline patient characteristics. *J Affect Disord*. 2021 Mar 15;283:115-122. doi: 10.1016/j.jad.2020.11.124.
 42. Pompili M, Ducci G, Galluzzo A, **Rosso G**, Palumbo C, De Berardis D. The Management of Psychomotor Agitation Associated with Schizophrenia or Bipolar Disorder: A Brief Review. *Int J Environ Res Public Health*. 2021 Apr 20;18(8):4368. doi: 10.3390/ijerph18084368.
 43. Heerlein K, Perugi G, Otte C, Frodl T, Degraeve G, Hagedoorn W, Oliveira-Maia AJ, Perez Sola V, Rathod S, **Rosso G**, Sierra P, Malynn S, Morrens J, Verrijcken C, Gonzalez B, Young AH. Real-world evidence from a European cohort study of patients with treatment resistant depression: Treatment patterns and clinical outcomes. *J Affect Disord*. 2021 Apr 1;290:334-344. doi: 10.1016/j.jad.2021.03.073. [Epub ahead of print]

Other international publications

44. **Rosso G**, Crespi C, Martini B, Maina G. Combining brief dynamic with antidepressants in major depressive disorder. *Clinical Neuropsychiatry* 2009, 6 (2): 56-62.
45. Martini B, **Rosso G**, Chiodelli DF, De Cori D, Maina G. Brief dynamic therapy with pharmacotherapy in the treatment of panic disorder with concurrent depressive symptoms. *Clinical Neuropsychiatry* 2011, 8 (3): 204-211.
46. Paschetta E, **Rosso G**, Maina G. Atypical antipsychotics, maternal and child outcome: a critical review. *OA Women's Health* 2014 Jan 18;2(1):2.
47. Faggiani M, Aragno E, Aprato A, **Rosso G**, Conforti LG, Maina G, Massè A. Falls from height: orthopaedic and psychiatric evaluation. *Acta Biomed* 2020; Vol. 91, Supplement 4: 79-84. doi: 10.23750/abm.v91i4-S.9366.

National publications

48. Maina G, Forner F, Albert U, **Rosso G**, Aguglia E, Bogetto F. Obsessive-Compulsive Personality Disorder (OCPD): prevalence in patients with anxiety disorders and in healthy subjects. *Ital J Psychopathol* 2002; 8(3): 295-304.
49. Maina G, Ceregato A, Forner F, **Rosso G**, Bogetto F. Rivalutazione della prevalenza del disturbo bipolare secondo il concetto di spettro bipolare allargato. *Minerva Psichiatrica* 2003; 44: 29-37.
50. Maina G, Albert U, **Rosso G**, Bogetto F. Impulsività e DOC: dalle teorie

psicopatologiche alle evidenze cliniche. Nòos 2003; 2: 145-156.

51. Maina G, Geninatti Neni M, Rapicavoli P, **Rosso G**, Bogetto F. I disturbi psichici dovuti a trauma cranico. Minerva Psichiatrica 2003; 44: 1-10.
52. Maina G, Ceregato A, Forner F, Maccaferri GE, **Rosso G**, Bogetto F. Ipomania farmacoindotta e trattamenti antidepressivi con inibitori selettivi del re-uptake. Minerva Psichiatrica 2003; 44: 69-74.
53. Maina G, Forner F, **Rosso G**, Salvi V, Bogetto F. Temperamental features in a sample of 80 depressed patients. Ital J Psychopathol 2003; 9(2): 157-62.
54. **Rosso G**, Maina G, Bogetto F. Analisi dei temperamenti in un campione di pazienti depressi: correlazione con l'età d'esordio del disturbo. Ital J Psychopathol 2004; 10 Supplement 2: 67-69.
55. Maina G, **Rosso G**, Asinari GF, Albert U, Bogetto F. I disturbi del sonno nel disturbo ossessivo-compulsivo. Rivista di Psichiatria 2005; 40 (3): 142-148.
56. Maina G, **Rosso G**, Micari J, Asinari GF, Bogetto F. Terapie psicodinamiche brevi nel trattamento del disturbo depressivo maggiore. Psichiatria e Psicoterapia 2007; 24(2): 99-115.
57. **Rosso G**, Rapicavoli P, Martini B, Bertetto N, Bogetto F, Maina G. La formazione dei terapeuti in psicoterapia dinamica breve. Minerva Psichiatrica, 2009; 50: 329-37.
58. Maina G, **Rosso G**, Rigardetto S, Bogetto F. Suicidio e Disturbi dell'Umore. Studi su Aggressività e Suicidio, 2009, 13: 19-29.
59. Maina G, **Rosso G**, Aguglia A, Chiodelli DF, Bogetto F. Disturbi bipolari e d'ansia: aspetti epidemiologici e clinici. Giorn Ital Psicopat 2011; 17: 365-37.
60. Rapicavoli P, **Rosso G**, Chiodelli DF, Bogetto F, Maina G. La valutazione della qualità della vita in psichiatria. Psichiatria e Psicoterapia, 2011; 30 (1): 55-75.
61. Bertetto N, **Rosso G**, Blengino G, Bogetto F, Maina G. Mania mista e antidepressivi: uno studio clinico su un campione di pazienti ricoverati per disturbo bipolare. Minerva Psichiatrica 2013; 54: 83-92.
62. Maina G, Bertetto N, Domene F, Di Salvo G, **Rosso G**, Bogetto F. Il concetto di stato misto nel disturbo bipolare: da Kraepelin al DSM-V. Journal of Psychopathology, 2013;19: 287-295.
63. Moncalvo M, **Rosso G**, Maina G. Gestione ambulatoriale di un episodio maniacale: efficacia e tollerabilità di asenapina. Psychiatric Clinical Cases Management, 2014; 3-7.
64. Chiodelli DF, **Rosso G**, Maina G. Paziente ricoverato per episodio maniacale: trattamento con asenapina in acuto e nel lungo termine. Psychiatric Clinical Cases Management, 2014; 3-7.
65. **Rosso G**, Di Salvo G, Maina G. Efficacia e tollerabilità di asenapina in combinazione con sali di litio nel trattamento della mania con elementi misti. Psychiatric Clinical Cases Management, 2014; 3-7.
66. Solia F, **Rosso G**, Maina G. Metabolic syndrome in acute psychiatric inpatients: clinical correlates. Italian Journal of Psychopathology, 2015; 21:1-8.

- 67.** **Rosso G**, Arnodo S, Di Salvo G, Maina G. Gioco patologico: aspetti cognitivi ed evidenze neurobiologiche. *Facts News & Views*, 2016; 13(2): 9-13.
- 68.** Di Salvo G, Cuniberti F, Bianco M, Ramello D, Maina G, **Rosso G**. Features And Pharmacotherapy Of Treatment-Resistant Depression: An Observational Study On Hospitalized Patients. *Journal of Psychopathology*, 2020; 26:257-263.

Books/Chapters of book

- 69.** Maina G, Albert U, **Rosso G**, D'Ambrosio V, Bogetto F. Il trattamento degli episodi acuti nella prospettiva della prevenzione. In: La terapia a lungo termine e la ricerca di un benessere stabile nei pazienti bipolari. Koukopoulos A, Sani G. Giovanni Fioriti Editore, 2006.
- 70.** Maina G, **Rosso G**. Nozione Psichiatrico Clinica. In: Simulazione in Medicina Legale. Iorio M, Massimelli M, Maina G, Papotti CM, Sgambetterra S. Edizioni Minerva Medica, 2009.
- 71.** Maina G, **Rosso G**. Metodo Clinico. In: Simulazione in Medicina Legale. Iorio M, Massimelli M, Maina G, Papotti CM, Sgambetterra S. Edizioni Minerva Medica, 2009.
- 72.** Maina G, **Rosso G**. Tecniche d'indagine. In: Simulazione in Medicina Legale. Iorio M, Massimelli M, Maina G, Papotti CM, Sgambetterra S. Edizioni Minerva Medica, 2009.
- 73.** Maina G, **Rosso G**. Psicoterapie in monoterapia: evidenze attuali. In: Manuale di Terapia Psichiatrica Integrata – Terapie somatiche e psicoterapie. Altamura C, Bogetto F, Casacchia M, Muscettola M, Maj M. Pensiero Scientifico Editore, 2011.
- 74.** Maina G, **Rosso G**. Psychiatric Therapy Management – Disturbi bipolari: personalizzazione del trattamento. Pacini Editore Medicina, 2015.
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- 78.** Maina G, **Rosso G**, Aguglia A, Bogetto F. Risk of recurrence of bipolar disorder in postpartum periods: a retrospective study of 374 female patients. *Bipolar Disorders* 2012; 14 (1): 100. Conference: 5th Biennial Conference of the International Society of Bipolar Disorders, 14-17 March 2012, Istanbul, Turkey.
- 79.** Maffioletti E, Cattaneo A, Zanardini R, **Rosso G**, Tardito D, Gennarelli M, Maina

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- 80.** Amodeo G, Maina G, **Rosso G**, Viola M, Fagiolini A. Combining clomipramine and paroxetine for treatment-resistant obsessive-compulsive disorder. European Neuropsychopharmacology 2015; 25 (2): S569-S570. Conference: 28th ECNP Congress, 29 August-01 September 2015, Amsterdam, Netherlands.
- 81.** Maina G, Di Salvo G, **Rosso G**. Does comorbid obsessive-compulsive disorder influence suicidality in patients with bipolar disorder? Bipolar Disorders 2018; 20 S1:87-87. Conference: 20th Annual Conference of the International-Society-for-Bipolar-Disorders, March 07-10, 2018, Mexico City.
- 82.** Maina G, **Rosso G**, Aragno E. Age at menarche in patients with bipolar disorder: results from a retrospective study. Bipolar Disorders 2018; 20 S1:128-128. Conference: 20th Annual Conference of the International-Society-for-Bipolar-Disorders, March 07-10, 2018, Mexico City.
- 83.** Maina G, **Rosso G**. Perinatal obsessive-compulsive disorder. Psychotherapy and Psychosomatics 2019; 88 S179-7. Meeting Abstract: 245. 25th World Congress of the International-College-of-Psychosomatic-Medicine (ICPM) on Psychosomatic Medicine SEP 11-13, 2019, Florence, Italy
- 84.** Heerlein K.; Baca-Garcia E.; Hagedoorn W.; Oliveira-Maia A.J.; Sola V. Perez; Rathod S.; **Rosso G.**; Young A.H.; Van Dooren G.; Gali Y.; Morrens J.; Kambarov Y.; Rive B.; Verrijcken C.; Perugi G.. Treatment failure in patients with treatment resistant depression: real-world evidence from a European cohort study. European Neuropsychopharmacology 2020, 40(1): S190-191. 33rd Congress of the European-College-of-Neuropsychopharmacology (ECNP), SEP 12-15, 2020, ELECTR NETWORK.

Presentations at conferences, training courses and seminars:

From 2006, he attended more than 70 national and international meetings as speaker, including:

- 19th Congress of Italian Society of Psychopathology – Milan, Feb 23-26, 2015. Presentation: "Peripheral biomarkers and bipolar disorder".
- 3rd Practical course of psychiatric pharmacotherapy; childhood, adult age, elderly, dual diagnosis – Rome, Oct 7-10, 2015. Presentations: "Pharmacotherapy of anxiety disorders: benefits and limits of old and new antidepressants"; "Obsessive-compulsive disorder: pharmacotherapy of resistant patients and comorbidities".
- International pathways of psychiatry – Eight meeting: Psychotherapy, Psychopharmacotherapy, Integrated Treatments – Rome, Nov 19-21, 2015. Presentation: 'Master on obsessive-compulsive spectrum disorders: how to program clinical interventions: clinical cases'
- Advanced clinical psychopharmacology course: long acting antipsychotics from clinical research to clinical practice update 2016 – Siena, Apr 15-16, 2016. Presentation: 'Clinical practice workshop: interactive sessions'.
- Diagnostic and therapeutic challenges and depressive disorder in 21th century - First Masterclass Italian Association for Depressive Disorder – Milan, Mar 16, 2017. Presentation: 'Integrated treatment'..

- Emergency in contemporary psychiatric clinic. Italian Society of Psychiatry - Young psychiatrists Congress – Novara, Nov 10, 2017. Presentation: 'Bipolar disorder, substance abuse: mood stabilizers and other therapeutic interventions'
- 12th National Congress of Italian Society of Social Psychiatry – New frontiers in social psychiatry: clinic, public health and neuroscience – Napoli, Jan 25-27 2018. Presentation: 'Bipolar disorder, pregnancy and postpartum: clinical management and treatment'
- 22nd National Congress of Italian Society of Psychopathology – Psychopathology, connections, cultures and conflicts – Rome, Feb 21-24, 2018. Presentation: 'Clinical management of psychiatric disorders in the paripartum period'; 'use of lithium in the longterm: updates'
- 6th advanced clinical psychopharmacology course. Long acting antipsychotics: from clinical research to clinical practice. Update 2018 – Siena, Mar 16-17, 2018. Presentation: 'Use of LAIs in patients with physical or psychiatric comorbidities'.
- Outcome and clinical strategies for a successful treatment of depression – Masterclass 2018 – Palermo May 10-11, 2018. Presentation: 'Interactive clinical case management'
- Treating schizophrenia in 2018 and forward: long acting antipsychotics as a strategy for a successful outcome – Cairo (Egypt), Oct 25-26, 2018. Presentations: 'Pharmacological treatment during pregnancy'; 'Long acting antipsychotics in schizophrenia and drug abuse'; 'Interactive case management'.
- 7th Advanced course of clinical psychopharmacology – From research to clinical practice – Siena, Mar 15-16, 2019. Presentations: "Clinical strategies, benefits, and risks of switching to long-acting antipsychotics (LAIS)".
- 1st International Congress of Perinatal Psychopathology – 'Light and dark of motherhood' – Milan, Apr 5-6, 2019. Presentation: 'Psychopharmacological treatment during the peripartum period'.
- 25th World Congress of the International College of Psychosomatic Medicine – Florence, Sep 11-13, 2019. Presentation: "perinatal obsessive-compulsive disorder"
- XXI Congress of Italian Society of Neuropsychopharmacology– Innovative elements in neuropsychopharmacology and new treatment frontiers – Milan, Jan 29-31, 2020. Presentations: "Lack of adherence to treatment and bipolar disorder: a cyclic issue"; "Perinatal bipolar disorder"; "Peripheral biomarkers in bipolar disorder"
- 2021 International Society for Bipolar Disorders – May 13-15 2021. Presentation: Age at Menarche and Course of Bipolar Illness (Symposium: New Insights into the Impact of Reproductive Cycle Events in Women With Bipolar Disorder)

Date: May 28th, 2021

Prof. Gianluca Rosso